

THE ELEVATED LEADER

Because you want to
do more than manage –

you want to lead.



ELEVATE Leadership Management Program
from the Conscious Leadership Academy at USD



University
of San Diego
SCHOOL OF LEADERSHIP
AND EDUCATION SCIENCES

Elevate your skills to lead.

In the past two years the pandemic has created additional chaos, uncertainty, and anxiety. We need leaders to rise to new levels. In a world that is already rapidly changing and marked with unprecedented challenges, the need for strong leadership is greater than ever before. This intensive leadership course is designed to help managers elevate their skills to lead.

Managers need innovative styles, adaptive approaches, and are expected to maintain accountability while fostering belonging.

This program teaches people how to effectively manage others and address organizational dilemmas:

Driving innovation while also building relationships and setting lofty goals

Developing self-awareness and navigating the expectations of leadership

Leveraging the strengths of those they lead by understanding diverse perspectives and cultivating inclusive strategies

The data-driven framework incorporates a blend of adaptive and inclusive leadership theories, group dynamics, and key elements of adult learning.

Who is this for?



Impact:

Develop managers ready and willing to create cultures of belonging that elevate today's diverse workforce.



Completion of this program will give you confidence in how you approach your teams so you can work toward common goals intentionally, with a deeper sense of collaboration and teamwork. You will learn crucial skills that can be applied to the organizational setting immediately, with special attention given to theories and practices surrounding diversity, equity, and inclusion.

How it works:

This comprehensive program includes synchronous and asynchronous meetings and coursework to meet the needs and demands of the working professional. The cohort-model will provide opportunities for you to network, support one another in the journey, and connect regularly throughout the course to discuss what you've learned.

Required and recommended readings will support the learning and expand your understanding of leadership.

'Quick Hit' videos on topics most relevant to managers provide extra content to enhance course material.

You will complete short assignments and get feedback from high-level executive leadership coaches.

MODULE 1

From Me To We: Learning to Lead

MODULE 2*

Who You Are Is How You Lead:
The Self-Aware Manager

MODULE 3

The Real Work of Leadership:
Addressing Adaptive Challenges

MODULE 4*

Fostering Emotional Intelligence:
Getting Emotions to Work For You

MODULE 5

Embracing Diversity and Equity:
Fostering Inclusive Environments

MODULE 6*

Building and Leading Effective Teams

MODULE 7

Courageous Conversations / Finding
Voice: Raising Important Issues

MODULE 8*

Holding Steady: Managing and
Resolving Conflict

MODULE 9

Feedback and Accountability: Making
the Most of Yourself and Your Team

MODULE 10

Focus Forward: Your Professional
Development Plan

** asynchronous modules listed in teal*



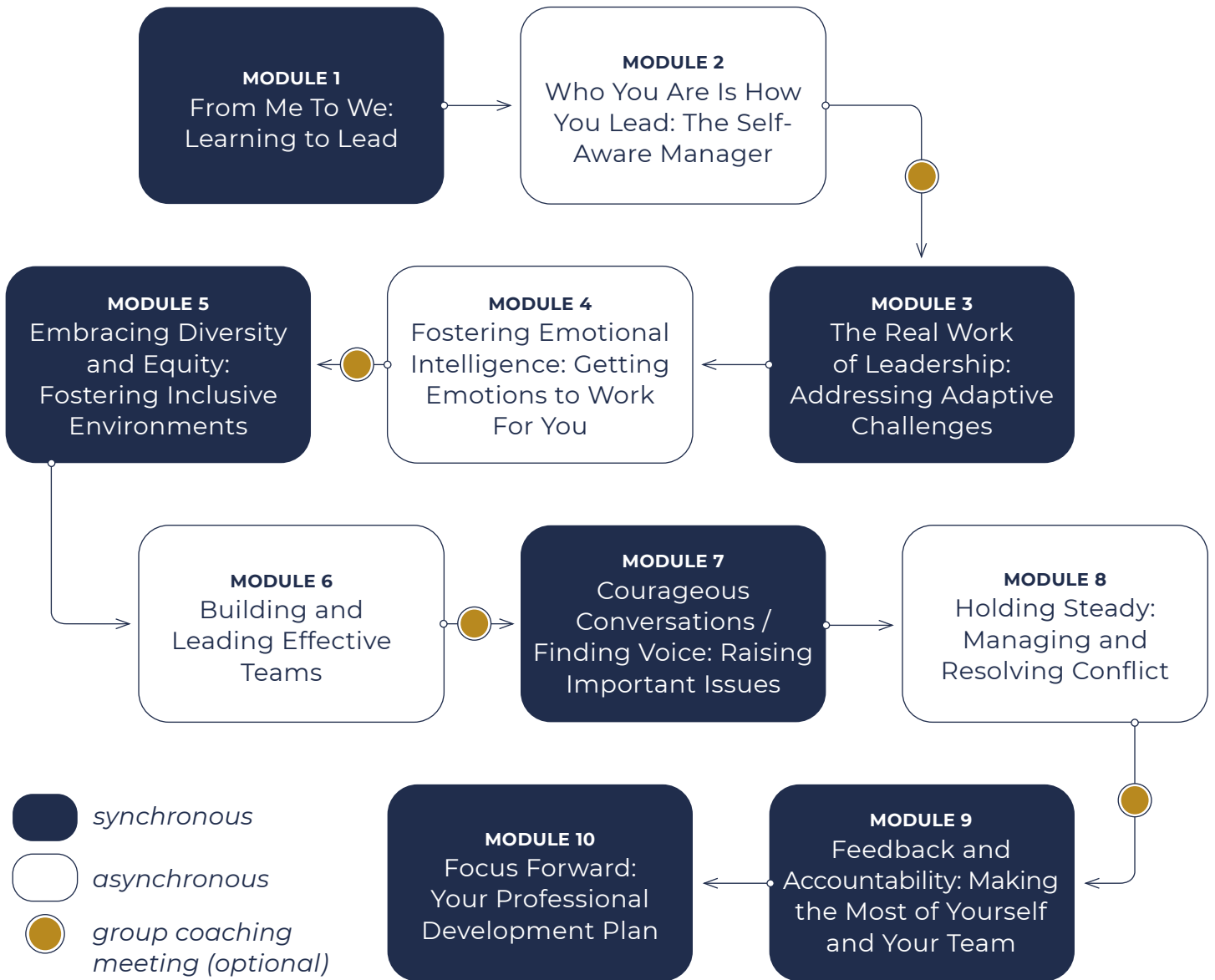
This program is for you *if you believe:*

People are the most important aspect of our organizations and you want to maximize your ability to connect, inspire, and support your team.

In your potential to grow your management skills and make a difference in your workplace.

That our workplaces need new and improved ways of being and doing in order to help people thrive.

Developing yourself is a critical part of your role as a manager and leader.



We co-create and *elevate together.*



Our process blends data-driven content with emergent design. We work *with* you, and we work with what shows up.

We know that different results are more likely to engage from a different process, so we design immersive experiences where reflection, connection, and dialogue can occur. We work 'below the neck' and allow hearts and intuitions to compliment the cognitive side of the work.

We commit to showing up, digging deeply into ourselves, and embracing discomfort. Because we know that through that work, we can grow stronger and lead better – together.

The CLA difference:

It starts with you. The individual informs the team. The team exists within a system. We work from the inside out and embrace self-knowing and personal responsibility.

We meet people where they are, not where we want them to be. People are at different levels, and we help you to learn how to meet them where they are.

Theory leads to practice and practice informs theory. We are data-driven and look for what is most relevant, innovative and important. Our facilitators are uniquely skilled as innovative leadership coaches and master-level group relations facilitators who integrate advanced thought with lived experience.

No one is a passive observer. Everyone is actively involved and everyone contributes to the experience. Together we explore new ideas, challenge processes and patterns, and discover new paths to be better.

Real time is the most relevant. We live in the present and we work with what is. Our case-in-point methodology uses what is happening 'right here, right now' as a way to understand the complex realities people face in their organizations.

Depth matters. Real matters. Growth and learning is an uncomfortable process. It does not happen on the surface. We support your deep internal journey so you can make an external impact.



Become the manager you are meant to be.

We specialize in creating an environment where leaders can be both challenged and supported in order to transform. Lead facilitators are advanced academic practitioners with extensive experience in both theory and application. Program faculty are certified leadership coaches who use an integrative approach to learning and development. **We are committed to your leadership journey.**

PROGRAM	DELIVERY, FORMAT & LENGTH	LOCATION	DETAILS
ELEVATE INDIVIDUAL Open registration	6 Virtual synchronous modules 4 Virtual asynchronous, self-paced modules Optional coaching sessions	Virtual	<i>Join a community of managers from various industries and organizations where you will improve your capacity to both manage and lead.</i>
ELEVATE TEAM Extended Internal organization cohort	10 three-hour modules offered 1-2 x month; Optional coaching sessions	Virtual or In-person options	<i>Work alongside people who understand the culture and climate to elevate the management skills of the people in your organization and build collective effectiveness.</i>
ELEVATE TEAM Intensive Internal organization cohort	Weekend 1- Modules 1-5 Weekend 2 - Modules 6-10 Optional coaching sessions Customizable over 2-4 weeks	Virtual or In-person options	<i>The same content as our extended program, just offered over a concentrated time frame to create an intense and effective experience.</i>
ELEVATE WOMEN LEADERS	Option for any of the three above delivery formats	Virtual or In-person options	<i>Support your women managers with this program specifically designed to address the issues and topics most relevant to women in the organization.</i>

WHAT'S INCLUDED*

- 30 hours of learning content
- 4-6 hours of optional group coaching sessions
- 10-20 additional hours of exercises, readings, and videos to maximize your transformation
- Certificate of completion from the Conscious Leadership Academy at the University of San Diego

**The ELEVATE Team Program includes an intake survey and planning meetings with key stakeholders to provide a personalized and relevant approach for the managers in your organization.*

COST**

Individual registration:

- Earlybird - \$1,849
- Regular - \$ 2,249
- Group of 3+ - \$1,749

ELEVATE Team Program:

- 12 - 18 Managers - \$24,750
- Each additional participant - \$1,000

***Does not include on-site costs related to travel expenses, space rental, food, or any other in-person expenses.*

— click here to —
[LEARN MORE & REGISTER NOW](#)



CONSCIOUS
LEADERSHIP
ACADEMY at the
University
of San Diego